



Horndon on the Hill Church of England Primary School

Executive Headteacher Mrs. L. Coates / Head of School Mrs. D. Bradley

Address Hillcrest Road, Horndon on the Hill, Essex. SS17 8LR Telephone 01375 673260

Email admin.hps@osborne.coop Website www.horndononthehill.org.uk

We are all part of God's family. Through trying our best in all that we do, we find a sense of belonging.
1 Corinthians 12:27 'All of you together are Christ's body and each of you is a part of it'.

21st March 2022

Dear Parents/Carers,

We have been advised that there has been confirmed cases of COVID-19 within Years 6, 4, 3 and 1. We appreciate that you may find this concerning so we are continuing to monitor the situation and are providing the following advice. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

What are we already doing?

Students who have tested positive are isolating. The children who are identified as contacts of the confirmed cases will have guidance from NHS Test and Trace.

Those aged five and above will be advised wherever possible to take daily LFD tests before attending school for a period of 7 days. Outbreak control measures are also in place within school and being kept under review.

If your child is well

The school remains open. If your child remains well, they can continue to attend school as normal. We will keep this under review. If you think your child is a close contact but has not been contacted directly by NHS Test and Trace, then we would advise they undertake daily LFD tests if possible for a period of 7 days. This advice applies to children aged 5 and over. Whilst daily testing for 7 days is your choice, it is strongly encouraged as it helps to reduce the spread of COVID-19 in your community. (LFD tests are available via community testing sites, local pharmacies or you can order online for home delivery).

If your child develops symptoms of COVID-19 or tests positive for COVID-19

If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test (<https://www.gov.uk/get-coronavirus-test> or call 119) and remain at home at least until the result is known and they are fever free (without medication) for at least 24 hours.

- If negative, the child can end self-isolation and return to school/nursery once well;
- If positive, the child should isolate as a positive case (see below)

People who test positive for COVID-19 should self-isolate at home until they are well (48 hours fever free) and either:

- a) 10 full days have passed, or
- b) They have produced two negative LFD tests at least 24 hours apart, with the first taken no earlier than day 5.

Note: Lingering coughs and changes to smell/taste are not a sign of ongoing infectiousness, so children can return to school if they have ended their self-isolation period (see above).

If your child does not have symptoms, count the day they took the test as day 0. If they subsequently develop symptoms, they will need to restart their isolation period using the day symptoms developed as day 0.

You can seek advice on COVID-19 symptoms from the nhs.uk website. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111

Instructions for people who live in the same household as someone who has tested positive for COVID-19 or is symptomatic and awaiting a test result.

Those who are clinically extremely vulnerable should be supported to minimise their contact with other people in the household during this period, regardless of whether others have symptoms or not.

You are not required to self-isolate if any of the following apply:

- You are fully vaccinated
- You are below the age of 18 years 6 months
- You have taken part in or are currently part of an approved COVID-19 vaccine trial
- You are not able to get vaccinated for medical reasons



Horndon-on-the-Hill C. of E. Primary School is a proud partner in the Osborne Co-operative Academy Trust

Telephone 01375 648966 Email info@osborne.coop Website osborne.coop

Registered office St Clare's School, Butts Lane Stanford-le-Hope, Essex. SS17 0NW Registered at Companies House, Cardiff, Company Number 7703865

Fully vaccinated means that you have been vaccinated with an MHRA approved COVID-19 vaccine in the UK, and at least 14 days have passed since you received the recommended doses of that vaccine (note this is currently under review and may be updated to include a booster dose in due course).

How to reduce spread of COVID-19 as a household contact who is not required to self-isolate

Even if you are vaccinated, you can still be infected with COVID-19 and pass it on to others. If you are identified as a contact of someone with COVID-19 but you are not required to self-isolate, you can help protect others by following the guidance on how to stay safe and help prevent the spread.

To reduce the spread of COVID-19 in your community:

- Test daily using LFDs
- Limit close contact with other people outside your household, especially in enclosed spaces (when not in school/nursery)
- Wear a face covering for those aged 11 and over in crowded, enclosed or poorly ventilated spaces and when you are in close contact with other people
- Limit contact with anyone who is at higher risk of severe illness if infected with Covid-19 · Follow the guidance on how to stay safe and help prevent the spread - GOV.UK (www.gov.uk)

You should follow this advice for at least 10 days.

If you develop symptoms at any time, even if these are mild, self-isolate immediately, arrange to have a COVID-19 PCR test and follow the guidance for people with COVID-19 symptoms.

For most people, coronavirus (COVID-19) will be a mild illness.

How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- Get vaccinated – everyone aged 12 and over can book COVID-19 vaccination appointments now
- Wash your hands with soap and water or use hand sanitiser regularly throughout the day
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards
- Meet people outside and avoid crowded areas
- Open doors and windows to let in fresh air if meeting people inside
- Wear a face covering if aged 11 and over when it's hard to stay away from other people – particularly indoors or in crowded places
- Participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: <https://www.gov.uk/log-test-site-covid19-results>

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely



Mrs D Bradley
Head of School



Horndon-on-the-Hill C. of E. Primary School is a proud partner in the Osborne Co-operative Academy Trust

Telephone 01375 648966 Email info@osborne.coop Website osborne.coop

Registered office St Clare's School, Butts Lane Stanford-le-Hope, Essex. SS17 0NW Registered at Companies House, Cardiff, Company Number 7703865