

PE Overview



We are all part of God's family. Through trying our best in all we do; we find a sense of belonging.
1 Corinthians 12:27 'All of you together are Christ's body and each of you is a part of it'

P.E. at Horndon on the Hill Church of England Primary is designed to promote learning and personal growth for all our pupils, regardless of their starting point, ability or specific need. We want to provide opportunities for children to grow into positive, responsible citizens by developing their skills and knowledge, whilst working and cooperating with others ensuring all our pupils are inspired for future learning and employment.

Intent:

- We aim to provide a PE curriculum that all children will enjoy but that also offers them a wide variety of sports and physical activities that will allow them to develop their health, fitness and wellbeing.
- The curriculum will allow them to develop skills specific to a range of sports but also to develop skills and ideas that will lead to life-long fitness. We understand that PE is instrumental in improving the health and wellbeing of our students both physically and mentally.
- PE can teach children to cope with both success and failure in competitive sports. It promotes problem solving and working as part of a team.
- All children will have the opportunity to take part in inter-house competitions within the school setting, with some going on to compete against children from other schools.
- The school curriculum also provides all children the chance to express themselves through dance allowing them to explore their personal and spiritual identity

Implement:

- All children receive 2 sessions of PE per week; one of which is a swimming lesson during KS2. The curriculum has been arranged so that specific sports are taught in different years allowing all children to experience a wide variety of sports during their time at Horndon-on-the-Hill Primary school.
- Inclusivity is paramount and activities will be modified to allow each child to partake at a level appropriate to them in a supportive environment that recognises effort as well as success.
- Children are encouraged to take part in physical activity throughout the day and we have play leaders and play time equipment to support this.

Impact:

- Through well planned, thought out and developed lessons children will show a fondness for PE and be willing to engage in lessons and other physical activities.
- When the children leave in year 6, they should be able swim 25 metres without aid and run for a continuous period of twelve minutes at their own pace.
- Summative assessment will be used over the course of the year as well as pupil voice to monitor the success of PE across the school.